



Frances Goodman

Frances Goodman is an experienced business coach and a Sykes Fairbairn associate. She has over 20 years corporate experience with large, national and international organisations with particular emphasis on individual and team development, communication and group facilitation as well as broadcasting, presenting, and sales and marketing.

Frances has a dynamic and independent approach to coaching, driven by a passion and expertise to energise individuals and organisations to achieve previously unattainable levels of success, through fast-track performance coaching. Her personal motto is "They can, because they think they can"

Frances is driven by a personal goal to help clients overcome their challenges and obstacles; to cope with the pressure of high performance, to meet the changing demands of global competition and to outperform their competitors.

Frances has worked with CEOs, senior executive, sportsmen and women, professionals and an MP to improve their personal performance. She has experience working in pharmaceutical, professional sports, banking, broadcasting, telecommunications and retail sectors. She is a Master Practitioner in Neuro Linguistic Programming.

For more information

For more information on Sykes Fairbairn contact us at:

Sykes Fairbairn
Medius Building,
2 Sheraton Street,
London, W1F 8BH

Tel/Fax : +44 870 366 6384
email : info@sykesfairbairn.com

Clarity, Alignment, Confidence